Proud of You

Count: 64 Wall: 4 Level: Intermediate Choreographer: Li Michelle (Malaysia), Amy Yang (Taiwan) and BM Leong (Malaysia) August 2017 Music: Proud Of You by Fiona Fung Alt. music: Your Pride by Joey Yung Start the dance on vocal after 16 counts. Sec. 1: DIAGONAL FORWARD, RECOVER, SWEEP BACK(R&L), 1/8 TURN R BACK, RECOVER L, 3/4 TURN L ON R&L 1 - 4Step R forward R diagonal, Recover onto L, Sweep and step RF back, Sweep and step LF back (1:30)5 - 81/8 turn R rock back on RF (3:00), Recover onto LF, 1/2 turn L step back on RF, 1/4 TURN L step LF to L (6:00)Sec. 2 CROSS, RECOVER, SIDE CHA CHA, 1/4 TURN L BACK, RECOVER, FORWARD SHUFFLE 1-2,3&4 Cross RF over LF, Recover onto LF, Step RF to R, Step LF beside RF, Step R to R 5-6,7&8 1/4 turn L step LF back, Recover onto RF, Step LF forward, Lock RF behind LF, Step LF forward (3:00)Sec. 3 CROSS, SIDE, SAILOR, CROSS, 1/4 TURN L BACK, 1/4 TURN L CHA CHA 1-2,3&4 Cross RF over LF, Step LF to L, Cross RF behind LF, Step LF beside RF, Step RF to R 5-6,7&8 Cross LF over RF, 1/4 turn L stepping back on RF, 1/4 turn L step LF to L, Step RF beside LF, Step LF to L (9:00)Sec. 4 CROSS, RECOVER, SIDE CHASSE(R&L) 1-2,3&4 Cross RF over LF, Recover onto LF, Step RF to R, Step LF beside RF, Step RF to R 5-6,7&8 Cross LF over RF, Recover onto RF, Step LF to L, Step RF beside LF, Step LF to L Sec. 5 FWD, PIVOT 1/2 TURN L, FWD SHUFFLE, FWD, PIVOT 1/2 TURN R, FWD SHUFFLE 1-2,3&4 Step RF forward, Pivot 1/2 turn L step on LF, Step RF forward, Lock LF behind RF, Step RF forward (3:00)5-6,7&8 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Lock RF behind LF, Step LF forward (9:00)Sec. 6 FORWARD ROCK, COASTER 1/4 TURN R, FORWARD, TRIPLE 1/2 TURN L Rock RF forward, Recover onto LF, 1/4 turn R stepping back on RF, Step LF beside RF, Step RF forward (12:00)5-6,7&8 Rock LF forward, Recover onto RF, 1/4 turn L step LF slightly to L side,

Step RF beside LF, 1/4 turn L step LF forward

Sec. 7 PADDLE 1/4 TURN L(x2), SAMBA(L&R)

1 – 4 Step RF forward, Paddle 1/4 turn L step on LF, Step RF forward, Paddle 1/4 turn L step on LF(12:00)

5-6,7&8 Cross RF over LF, Step LF to L, Recover onto RF, Cross LF over RF, Step RF to R, Recover onto LF

(6:00)

Sec . 8 JAZZ BOX 1/4 TURN R, HIP SWAYS

1 – 4 Cross RF over LF, Step LF back, 1/4 turn R step RF to R, Step LF beside RF(03:00)

5-8 Sway hip R, L, R, L

Start again

Restarts:

During wall 2 and 4, after 16 counts(facing 06:00 and 12:00)

During wall 3, after 62 counts(facing 09:00)

Have Fun & Happy Dancing!

Contacts:-

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